



AVOPA NEWS & VIEWS

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Arya Vysya Officials' & Professionals' Association

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No. 61, Amogh Gokul Plaza, First Floor, R.V. Road, Basavanagudi, Bengaluru - 560 004.



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AVOPA & AVOPA Charitable Trust President

T.K. Thimmaraja Setty
Mob: 9036788567
tsm_blr@yahoo.co.in

General secretary

Naresh Babu D.
Mob: 99456 66456
babudynamic@gmail.com

Treasurer

CA. E.S. Gopalakrishna Gupta
Mob: 94486 96064
guptaes@gmail.com

Vice Presidents, AVOPA

T.N. Ashok
Mob: 94496 53053
ashokatn24@gmail.com

K. S. Prasanna Kumar
Mob: 93412 49331
kotaprasanna_2000@yahoo.co.in

Venkatesh Babu Reganti
Mob: 9980073868
regantibabu@gmail.com

Organising Secretary, AVOPA

Murthy Venkata Subba Rao
Mob: 96637 33776
mvsraoatp@gmail.com

Joint Secretary, AVOPA

Sridhar V. R.
Mob: 99713 91523
vrsdhar@gmail.com

Vice President

AVOPA Charitable Trust
Badrinarayana Babu
Mob: 94483 92628
bnbabu58@gmail.com

Bulletin Co-ordinator

Venkatesh R. C.
Mob: 99728 16244
venkquality@gmail.com

Co-ordinator :

B.B. Shashi Kumar
Mob: 99450 76232

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President's Message

Dear Members, Donors and Welwishers,

Pranams

It is heartening to inform you that Smt. S.T. Bhagyalaxmi and Sri. R.N Nagaraj Gupta continued to extend educational facilities by reimbursing fees and other expenditure to Chi.Raksha who is studying in second year B.Com. She is the second student adopted by the couple. I salute them for their fine gesture. Sri Kangampeta Narayana Chetty has donated a sum of Rs.1 lakh towards building fund. He has already donated a sum of Rs. 5 lakhs earlier. I profusely thank him. May this tribe increase Good Cause, Good people and Good Gesture.

We have felicitated Sri G. Laxminarayana, Sri. K.Pothanna Setty, Sri M. Ramakrishna and Sri K.Tataiah Gupta at Sri Vasavi temple, Arakere under 'Sadhakara Maneangaladali Sanmana' initiative. It was a well-attended programme and all of them appreciated AVOPA and its activities.

It is very important in one's life to control obsessive thoughts. There are 72,000 nadis, channels of life force energy in the body, and there are various nerve centers where these channels meet. The human body has 109 such centers, also called chakras. When energy flows through these nerve centers upwards or downwards, there are different emotions, feelings or sensations that one experiences. One of the Chakras is the 'Swadhistan Chakra'. When we put our mind and body in some creative activity like, dance, or music, or poetry, the energy gets redirected and the feeling of lust eventually fades away. Engaging in activities like sports or yoga can be a great way to burn off excess energy. We can immerse ourselves in physical exercise or yoga. It will not just burn off our excess 'rajas' but also help us align our body, mind and soul. It is said that the true liberation comes from mastering our desires and focusing on meaningful pursuits.

ಯದ್ಯದಾಚರತಿ ಶ್ರೇಷ್ಠಸ್ತತ್ತದೇವೇತರೋ ಜನಃ

ಸ ಯತ್ರಮಾಣಂ ಕುರುತೇ ಲೋಕಸ್ತದನುವರ್ತತೇ || ಭ. ಗೀ. (3.21)

ಲೋಕದಲ್ಲ ಶ್ರೇಷ್ಠ ಪುರುಷನೆನಿಸಿಕೊಂಡವನು ಏನು ಮಾಡುತ್ತಾನೋ ಅದನ್ನೇ ಎಲ್ಲರೂ ಅನುಸರಿಸುತ್ತಾರೆ. ಅವನು ಸರಿಯೆಂದು ತಿಳಿದು ಏನು ಮಾಡುತ್ತಾನೋ ಅದೇ ಉಳಿದವರಿಗಲ್ಲ ಪ್ರಮಾಣವಾಗುತ್ತದೆ, ಜನರು ಅವನನ್ನೇ ಅನುಸರಿಸುತ್ತಾ ಹೋಗುತ್ತಾರೆ.

With best regards and greetings,

T.K. THIMMARAJA SETTY

President

Ph : 2657 1709 8762292566 Timings : 10.30 a.m. to 1 p.m. & 5.00 p.m. to 7.00 p.m.

www.avopabengaluru.org

REPORT ON MONTHLY PROGRAMME

UNION BUDGET ANALYSIS 2024-25 & TANJORE ARTS EXHIBITION AND TALK

The monthly programme of AVOPA was held on 25th August, 2024 at The Indian Institute of World Culture. Smt. Vibha Raj has exhibited around 30 Tanjore paintings of different Gods and Goddess. She also gave a power point talk on how these exhibits have drawn, the colour shades used with golden foil on the paintings. The talk was interesting and inspiring to one and all.

Sri. Prashanth K.L, Chartered Accountant, partner – Guru & Jana, Chartered Accountants gave a lecture on “Budget Analysis”, of Central Budget for the year 2024-25 presented to the Parliament by the Finance Minister Smt.Nirmala Sitharaman. The analysis through power point was given by him on the various aspects of Budget viz., Direct Taxation, Old and New taxation on personal income. He explained how this budget has given 9 priorities namely, Employment and Skilling; Productivity & Resilience in

Agriculture; Manufacturing & Services, Inclusive Human Resource Development & Social Justice; Next generation reforms; Infrastructure; Urban Development; Innovation, Research & Development; and Energy Security. He also mentioned about International Tax Rates on Individual Tax and Corporate tax of different countries in the world. He gave clarifications to all the queries and doubts raised by the participants. The analysis made by him was explicit and praise worthy. The meeting was presided by Sri TK Thimmaraja Setty, President gave a gist on the Endowment scheme and other activities of AVOPA. Sri D. Naresh Babu. Gen Secretary welcomed the Guests and the gathering. CA Goopalakrishna Gupta E S, Treasurer introduced the



AVOPA Bangalore organised Tanjore Painting Exhibition On 25th August 2024 – Sunday @ IIWC



"AVOPA Bangalore organised UNION BUDGET Analysis 24-25 On 25th August 2024 in IIWC

Guests.

Sri D. Naresh Babu Secretary proposed Vote of Thanks.

“ಸಾಧಕರ ಮನೆಯಿಂಗಳಲ್ಲ ಸನ್ಮಾನ”



AVOPA honored following elder persons @ Arakere Vasavi Temple under new initiative

Sri Laxminarayana - Former EVP, ING VYSYA Bank

Sri K. Pothanna Setty - Former SVP, ING VYSYA Bank

Sri Meda Ramakrishna - Former AVP, ING VYSYA Bank

Sri Tataiah Gupta - Former VP, ING VYSYA Bank

REPORT ON SMT. KAMALANJINI ENDOWMENT & B.C.K. ANIL KUMAR ENDOWMENT PROGRAMME

Smt. Kamalanjini Endowment & B.C.K Anil Kumar Endowment programme was held on 5th September, 2024 at the Indian Institute of World Culture. The programme commenced with prayer invoking the blessings of Goddess Saraswathi. Sri D Naresh Babu, General Secy., of AVOPA welcomed the gathering and the Chief guest and guests of honour. Sri T K Thimmaraja Setty, President of AVOPA informed the recent developments of AVOPA and requested the members to join hands of AVOPA by instituting AVOPA Endowment Funds. He thanked all those who have contributed to the Endowment Fund and Hostel Building Fund.

Dr. Pushpa Srinivas was chosen to receive Smt R V Kamalanjini award for teaching excellence, she was former Professor and HOD, Department of Obstetrics & Gynaecology.

Sri Raja Shailesh Chandra Gupta, former Executive Editor of Prajavani was Chief Guest.

Sri R V Bhaskar introduced his mother Smt. Kamalanjini in his own style with eloquence by narrating the saga of Smt. Kamalanjini life. As she served the AVOPA as its Vice President, he thought it fit to institute the endowment in remembrance of his mother who was a renowned teacher, a perfect and lovable human being. Sri B Venkateswaralu spoke on the occasion informing that his son B C K Anil Kumar met with an accident and



subsequent untimely death. He was very emotional while speaking and felt satisfied in instituting this endowment in memory of his son and he also shared that he had deposited Rs.5 lakhs for enabling to issue scholarships to the deserving students. Smt. Kamalanjini award for teaching excellence was presented to Dr. Pushpa Srinivas. President, General Secy and all the Guests on the dias joined hands in presenting the award. Dr. Pushpa Srinivas in her speech after accepting the award thanked AVOPA and the donors for having bestowed her with the Award on the Teacher's Day. She paid rich tributes to all her teachers who made her as she is today. The programme concluded with the vote of thanks by Sri D.Naresh Babu, General Secy. Followed by a dinner.

ARYA VYSYA OFFICIALS' AND PROFESSIONALS' ASSOCIATION

No.61, Amogh Gokul Plaza, 1st Floor, R V Road, Basavanagudi, Bengaluru-560004

Cordially invite you on the occasion of

**Awarding Prizes to Meritorious Students
Distribution of Prema Awards, Anil Kumar Awards & Surya Sathya Awards**

AND

SMT. SHARADAMMA and SRI RAMACHANDRA VADAVADGI ENDOWMENT PROGRAMME

(Instituted by V R Sridhar and V R Bhimsen)

Chief Guest : Dr. Rajesh Kumar

Prof. & Director, R V University, Founder of 'Vittam Pravina Gurushala'
(Finance Expert Academy)

Presided by **Sri T K Thimmaraja Setty**, President
AVOPA & AVOPA Charitable Trust



AWAITING TO MEET YOU WITH YOUR CHILD

**Sunday, 6th October 2024 10.30 A M
Fellowship: 10.15 AM Lunch: 2 PM**

Venue: **B V NARAYANA RAO AUDITORIUM**
BHS Higher Education Society, Jayanagar, 4th Block,
(Diagonally Opp. To Cool Joint,) Bangalore-560011

Reganti Venkatesh Babu
Vice President

Naresh Babu D
General Secretary

CA Gopalakrishna Gupta E S
Treasurer

Shakuntala V S
Chairperson - Award Committee

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avopa-bengaluru



avopa.bengaluru@gmail.com

**PROCEEDINGS OF THE ANNUAL GENERAL MEETING OF ARYA VYSYA OFFICIALS' AND PROFESSIONALS' ASSOCIATION HELD ON 15TH SEPTEMBER, 2024
@ 11 AM AT AVOPA OFFICE, BENGALURU**

- The President of Arya Vysya Officials' & Professionals' Association (AVOPA) Sri.T.K.Thimmaraja Setty presided over the meeting.
- The meeting commenced with chanting of Shanti Mantra by all the Members present.
- Sri Naresh Babu.D General Secretary read out the names of those who passed away from the last AGM till the present AGM. The members stood in silence and paid tributes.
- After ascertaining the quorum, the meeting was called to order.
- Sri Naresh Babu.D, General Secretary read out the Notice of the AGM and welcomed the Members.
- The minutes of the previous AGM held on 15-10-2023 and also the SGM were placed by Joint Secretary Sri V.R.Sridhar. Sri. Nagappa P.V Proposed and Sri Bhupalam Parthasarathi seconded and the same were approved unanimously.
- Sri Naresh Babu.D, General Secretary presented the EC report and placed before the AGM for adoption. Requested the Members to participate in the discussions and give their suggestions. After discussion on the report, Sri Nanda Kumar C.A proposed the motion for adoption and Sri. Badarinath B.V seconded the motion, the same was adopted unanimously.
- CA Gopalakrishna Gupta E S Treasurer presented the Accounts for the period 2023-24 and the Auditor's Report for the period and requested the AGM for approval. One of the Member suggested to consider to invest in small Finance banks who are offering 9% PA on FDs and also in co-operative Banks. For which some members suggested not to keep in Co-operative Banks. The President later informed that all the deposits are kept at Nationalized or Scheduled Commercial Banks. Sri C.S. Ramachandra Setty proposed and Sri Satyanarayana Gupta seconded the proposal. The Financial statement was approved unanimously
- To appoint Auditors for the year 2024-25, the AGM has approved the appoint of M/s. Shekar & Yathish, Chartered Accountants was approved unanimously.
- Sri T K Thimmaraja Setty gave presidential remarks and also extended vote of thanks.

Sd/-

Naresh Babu D., Gen. Secretary



Smt. Bhagyalaxmi & Sri R.N. Nagaraj Gupta have contributed college Fees & other expenditure of **Kum. A.S. Raksha**, studying in 2nd B.Com.

A cheque was presented to her by
Sri T.K. Thimmaraja Setty, President &
Sri D. Naresh Babu, Gen. Secretary,
@ AVOPA Office

**SRI SATHYANARAYANA TRAVELS**

No. 320/4, Opp. Bangalore Medical College A.V.Road, Kalasipalyam, Bangalore - 560 002

Dubai Shopping Festival 2025

Highlights

- Dhow Cruise with Dinner
- Dubai City Tour
- Burj Khalifa at The Top 124th Floor
- Desert Safari With BBQ Dinner
- Miracle Garden
- Global Village
- Abu Dhabi City Tour
- Sheikh Zayed Grand Mosque
- BAPS Temple
- Photo Stop At Ferrari World

Inclusions

- Airfare
- Visa
- Star Category Accommodation
- All Meals
- Entry Fees
- AC Transportation

Cost
per person:
1,10,000/-

Travelling Dates

09 January 2025
15 January 2025
24 January 2025

**05 Nights
&
06 Days**

74113 35024 / 74114 11178

E-mail: srisathyanarayanaatravels7337@gmail.com

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AVOPA, # 61, 1st Floor, "Amogh Gokul Plaza", R.V. Road, Bengaluru - 560 004. Ph : 2657 1709
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avopa-bengaluru



avopa.bengaluru@gmail.com