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ಆರ್ಯವ್ಯಾಪ್ತ ಅಧಿಕಾರಿಗಳ ಮತ್ತು ವೃತ್ತಿನಿರತರ ಸಂಘ

No. 61, Amogh Gokul Plaza, First Floor, R.V. Road, Basavanagudi, Bengaluru - 560 004.



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AVOPA & AVOPA Charitable Trust

President

T.K. Thimmaraja Setty

Mob: 9036788567

tsm_blr@yahoo.co.in

General secretary

Naresh Babu D.

Mob: 99456 66456

babudynamic@gmail.com

Treasurer

CA. E.S. Gopalakrishna Gupta

Mob: 94486 96064

guptaes@gmail.com

Vice Presidents, AVOPA

T.N. Ashok

Mob: 94496 53053

ashokatn24@gmail.com

K. S. Prasanna Kumar

Mob: 93412 49331

kotaprasanna_2000@yahoo.co.in

Venkatesh Babu Reganti

Mob: 9980073868

regantibabu@gmail.com

Organising Secretary, AVOPA

Murthy Venkata Subba Rao

Mob: 96637 33776

mvsraoatp@gmail.com

Joint Secretary, AVOPA

Sridhar V. R.

Mob: 99713 91523

vrsdhar@gmail.com

Vice President

AVOPA Charitable Trust

Badrinarayana Babu

Mob: 94483 92628

bnbabu58@gmail.com

Bulletin Co-ordinator

Venkatesh R. C.

Mob: 99728 16244

venkquality@gmail.com

Co-ordinator :

B. B. Shashi Kumar

Mob: 99450 76232

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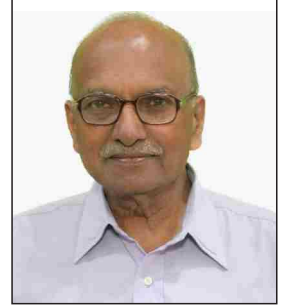
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(Quarter)	₹	3,000-00
Matrimonial	₹	500-00
Last Page	₹	10,000-00

President's Message

Dear Members, Donors & Well Wishers,

NAMASTE

SriRama Navami will be celebrated on 30th March, 2023. I pray Maryada Purushothama SriRamachandra, to bless us all to succeed in our endeavors. It is reported that the construction work of Sanctum Sanctorum of SriRamachandra will be completed before September, 2023 at Ayodhya, well before the target date. The sacred idol of SriRama will be anointed during 2024. India will be celebrating this great day, and the people at large will feel their dream is fulfilled.



A Matrimony meet is being organized on 6th August, 2023 after a gap of three years. The Shrirasthu Shubhamasthu team is taking all steps in making this event fruitful. This platform gives an opportunity to the prospective Brides and Grooms to find their compatible life partners. Event details will be notified shortly.

It is said that to seek happiness outside ourselves is like trying to lasso a cloud. Neither worldly power nor money making schemes can ever capture happiness. True happiness is never to be found outside one's Self. Happiness is not a thing; it is a state of mind. It must be lived.

Possession of material riches, without peace, is like dying of thirst while bathing in a lake. It is spiritual poverty, not material lack that lies at the core of all human suffering. It is important to differentiate between our needs and our wants. Our needs are few, while our wants can be limitless. In order to find freedom and bliss, we have to cater only to our needs. The wise, however, seeing the drama for the utter delusion it is, seek eternal happiness in the Self within. God has given us the opportunity to serve the needy; we shall all strive towards the goal set to ourselves in the service of mankind and live happily.

We have conducted the Orientation Program for all our EC Members, Trustees and selected volunteers which was very fruitful. Let us take the lead and move further in achieving the objectives of our great Association.

ರಾಮನವಮಿಯ ಪರ್ವದಿನದಂದು ಮರ್ಯಾದಾ ಪುರುಷೋತ್ತಮ ಶ್ರೀರಾಮಚಂದ್ರನು ನಮ್ಮೆಲ್ಲರ ಜೀವನದ ಜ್ಯೋತಿಯನ್ನು ಸದಾ ಬೆಳಗುತ್ತಾ ಆಶೀರ್ವದಿಸಲಿ ಎಂದು ಪ್ರಾರ್ಥಿಸುತ್ತೇನೆ.

With Greetings,
T.K. THIMMARAJA SETTY
President

Ph : 2657 1709 8762292566 Timings : 10.30 a.m. to 1 p.m. & 5.00 p.m. to 7.00 p.m.

www.avopabengaluru.org

@avopabengaluru
#avopabengaluru

f avopa.bengaluru

✉ avopa.bengaluru@gmail.com

REPORT ON ORIENTATION PROGRAM HELD ON 19TH MARCH, 2023

Any organization either in business or NGO, should be aligned with mission & vision to achieve its objectives, and it is possible only through team efforts. Any team building process starts with Orientation Program. On 19th March, 2023 we had organized a combined orientation program for our Executive Committee Members and Trustees of AVOPA Charitable Trust.



Six Volunteers who had registered through our website also attended the program and were very anxious to support AVOPA activities. The Orientation started on time and we had a good fellowship, followed by a brief introduction of Office Bearers, EC Members, Trustees and Volunteers.

General Secretary Sri D NareshBabu presented the AVOPA History, Mission statement and introduced various projects and sought the support

of all the Members to execute the projects successfully. President Sri T K Thimmaraja Setty addressed the gathering and honored the new members who had instituted endowment, with a silver coin. As a token of appreciation for their contribution. He also appealed to members to find suitable site or a constructed building to house our Free boy's hostel and other activities.

He also announced the upcoming events like Matrimonial event which will be held on 6th August, 2023.

Members appreciated the entire OB team and thanked and exhibited their interest to conduct such workshops in future too. The event was concluded with vote of thanks by the Organising Secretary Sri M.V. Subba Rao followed by a group photograph and lunch.



AVOPA Bikers Forum

AVOPA Bengaluru is happy to announce Bikers' Forum. Interested bikers who own or hire Bike and are interested to go for long rides, can join the Forum. The first bike ride is scheduled on 7th May 2023 @ 7.30 a.m. The Forum is coined to bridge the gap between the youngsters and seniors of the community. There is no age restriction to participate in this ride, but fitness of self and bike with all the government compliance documents and regulations are to be adhered. To participate, register in our web site www.avopabengaluru.org.





Avopa & Avopa Charitable Trust

Bengaluru

Cordially invite you for the Monthly
Lecture Program On

"GIVE A LIFE A SECOND CHANCE"

Speaker : Dr. Ganesh Srinivasa Prasad P
MBBS. DNB (Internal Medicine) DrNB (Nephrology)
Consultant Nephrologist & Transplant Physician
Narayana Health City Bengaluru

Sri Thimmaraja Setty T. K.

President AVOPA

Will preside

On Sunday the 23rd April, 2023
Breakfast and Fellowship: 9.45 to 10.15 AM
Session starts: 10.30 AM

Place :

Indian Institute of World Culture
No.6, 1st Floor, B P Wadia Road,
Basavanagudi, Bengaluru-560 004

Naresht Babu D
General Secretary

CA Gopalakrishna Gupta E S
Treasurer

MATRIMONY

Name: AMOGH D.A.
DOB: 20/06/1996,
Time: 01.32 PM,
Height: 5'5",
Complexion: Fair,
Qualification: B E,
Occupation: Working at MARSIN
Technology, **Designation:** Asst.Sales
Manager, **Birth Star:** Ashlesha
2ndPaada, **Rasi:** Kataka, Swagothram,
Ballishetlu **Maternal Gothram:**
Athreyasa



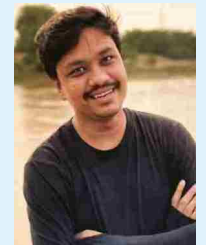
For further details contact:
D V Amarnath

No.72/20, 3rd Main, 3rd Cross,
Opp:GanapathiTemple, Prashanth
Nagar, Bengaluru-560079,
Mobile:63626 59499



MATRIMONY

Name: CHARAN TEJ SAMUDRALA
DOB: 02/06/1989
Time: 06.05 PM
Height: 5'7" **Complexion:** White
Qualification: B.Tech(CS)
Occupation: Working at Capgemini,
Bengaluru
Pkg: 22L PA,
Birth Star: Kruthika 2ndPaada
Rasi: Vrushaba
Swagothram: Yelisetla
Maternal Gothram: Midhunakula



For further details contact:

Keerthi

Phone: 94617 98734, 90222 32412

MATRIMONY



Name: ATUL RAJ N DANDA
DOB: 26/03/1993
Time: 14.43 Hrs **Height:** 5'7",
Complexion: Fair
Qualification: MS

Telecommunication,
USA, Working at Itron, South Caroline, USA,
Birth Star: Barani **Rasi:** Mesha
Swagothram: Chinashetalu,
Maternal Gothram: Srilakula,

For further details contact:

Danda Nagesh

No.S-2, Vasthu Kailas Apt., Shop St., Basavanagudi,
Bengaluru-560004. Mobile: 98441 11183

ಜ್ಞಾನದ ಬೆಳಕು

1. ದೇಹ ಸುಂದರವಾಗಿದ್ದ ಮಾತ್ರಕ್ಕೆ ಬದುಕು ಸುಂದರವಾಗಿರುತ್ತದೆ ಎಂದು ಹೇಳಲಾಗದು. ದೇಹ ಕುರೂಪವಾಗಿದ್ದರೂ ಬದುಕು ಸುಂದರವಾಗಿಸಿಕೊಂಡವರು ಸಾಕಷ್ಟು ಜನರಿದ್ದಾರೆ.
2. ಒಂದು ಕಾಲು ಮುಂದೆ, ಇನ್ನೊಂದು ಕಾಲು ಹಿಂದೆ, ಮುಂದಿನ ಕಾಲಿಗೆ ಗರ್ವವಿಲ್ಲ. ಹಿಂದಿನ ಕಾಲಿಗೆ ಬೇಸರವಿಲ್ಲ ಏಕೆಂದರೆ ಅವುಗಳಿಗೆ ತಿಳಿದಿದೆ ಕ್ಷಣಾರ್ಧದಲ್ಲಿ ಬದಲಾಗುವುದೆಂದು. ಜೀವನವೂ ಹೀಗೆ ಯಾವಾಗಲೂ ಸ್ಥಿರವಾಗಿರುವುದಿಲ್ಲ.
3. ನಾವೀ ಜಗತ್ತಿನಲ್ಲಿ ಸ್ವಲ್ಪ ನಿರ್ಭಯರಾಗಿರಬೇಕು. ಯಾವುದಕ್ಕೂ ಹೆದರಬಾರದು. ಇಲ್ಲಿ ಪ್ರಿಯ, ಅಪ್ರಿಯ, ಬೇಕಾದ, ಬೇಡಾದ ಸಂಗತಿ ಎಲ್ಲಾ ಇದೆ. ನಾವೇ ಈ ಜಗತ್ತಿನ ಕೇಂದ್ರಬಿಂದುವಲ್ಲ. ನಮ್ಮಂಥ ಅಸಂಖ್ಯ ಜೀವರಾಶಿಗಳಿವೆ. ಕಾರಣ ನಮಗಾಗಿ ಜಗತ್ತಲ್ಲ. ಈ ಜಗತ್ತಿನಲ್ಲಿ ನಾವು ನಮ್ಮ ಬದುಕನ್ನು ಕಟ್ಟಿಕೊಂಡಿದ್ದೇವೆ. ಆದ್ದರಿಂದ ನಾವೀ ಜಗತ್ತಿನೊಂದಿಗೆ ಹೊಂದಿಕೊಂಡು ಬಾಳಬೇಕು. ಕತ್ತಲೆ ಬಂದಾಗ ಕತ್ತಲನ್ನೇ ಸ್ವೀಕರಿಸಬೇಕು. ಹಾಗೆಯೇ ಜೀವನದಲ್ಲಿ ಸುಖ-ದುಃಖ, ಮಾನಾಪಮಾನ ಏನೇ ಬರಲಿ ಅದನ್ನು ಸ್ವೀಕರಿಸುವ ಮನಸ್ಸಿತಿ ನಮಗಿರಬೇಕು.
4. ಸೂರ್ಯನ ಕಿರಣಗಳು ಕೊಳಕು ಇರುವ ಜಾಗಕ್ಕೂ ಹೋಗುತ್ತದೆ. ಆದರೆ ಅದು ಕೊಳಕಾಗುವುದಿಲ್ಲ. ನಾವು ಬದುಕಿನಲ್ಲಿ ಸೂರ್ಯನ ಕಿರಣದಂತೆ ಆಗಬೇಕು. ಯಾವ ಜಾಗಕ್ಕೆ ಹೋದರೂ ಯಾರ ಜೊತೆ ಇದ್ದರೂ ನಾವು ನಾವಾಗಿರಬೇಕು. ಕೊಳಕಾಗಬಾರದು.
5. ಅಕ್ಷರ ಕಲಿತ ವ್ಯಕ್ತಿ ಭ್ರಷ್ಟನಾದರೂ ಆಗಬಹುದು. ಸಂಸ್ಕಾರ ಕಲಿತ ವ್ಯಕ್ತಿ ಭ್ರಷ್ಟನಾಗಲಾರ ಯಾಕೆಂದರೆ ಸಂಸ್ಕಾರದ ಶಕ್ತಿ ಅಂಥದಲ್ಲ.
6. ಸತ್ಯದ ಶೋಧಕನಾದ ಸಾಧಕನು ಮೊಟ್ಟಮೊದಲು ಮಾಡಬೇಕಾದ ಮಹತ್ತರ ಕಾರ್ಯವೆಂದರೆ ತನ್ನ ಹೃದಯದಲ್ಲಿ ಪ್ರೇಮತಿ ಜ್ಯೋತಿ ಹೊತ್ತಿಸಬೇಕು.
7. ಈ ಪ್ರಪಂಚದಲ್ಲಿ ಒಳ್ಳೆಯದನ್ನೆಲ್ಲ ಹೇಳಿಯಾಗಿದೆ. ಉಳಿದಿರುವುದು ಆಚರಣೆಯಷ್ಟೇ.
8. ಕಷ್ಟಗಳನ್ನು ಮೌನವಾಗಿ ದಾಟಬೇಕು. ಪರಿಶ್ರಮ ಸದ್ದಿಲ್ಲದೆ ಸಾಗಬೇಕು. ಸಿಗುವ ಯಶಸ್ಸಿನ ಶಬ್ದ ಜಗತ್ತಿಗೆ ಕೇಳಿಸುವಷ್ಟು ಜೋರಾಗಿರಬೇಕು.
9. ಏನೆಲ್ಲವನ್ನು ನಿಸರ್ಗವು ನಮಗೆ ಕರುಣಿಸಿದೆ. ಅವುಗಳನ್ನು ಬಳಸಿಕೊಂಡು ಸುಂದರ ಬದುಕನ್ನು ಕಟ್ಟಿಕೊಳ್ಳುವುದು.
10. ಸಕಲ ಜೀವರಾಶಿಗಳಲ್ಲಿರುವ ಪರಮ ಸತ್ಯ-ಪರಮಾತ್ಮನು. ನಮ್ಮ ಬುದ್ಧಿಗೆ ತರ್ಕ-ವಿತರ್ಕಕ್ಕೆ ಶಬ್ದ ಜಾಲಕ್ಕೆ ಸಿಲುಕುವನಲ್ಲ. ಅವನು ಕೇವಲ ಅನುಭಾವಗಮ್ಯ.
11. ಈ ವಿಶ್ವಸಿರಿಯತ್ತ ನೋಡಿದಾಗ ಯಾರೂ ಬಡವರಲ್ಲ. ಸಿರಿವಂತರಲ್ಲ. ನಾವೆಲ್ಲರೂ ಸಮಾನರು. ಸಂತೋಷಿಗಳು.
12. ಮನಸ್ಸು ಮಲಿನವಾದಾರೆ ಮಾತಿನಲ್ಲಿ ಕಲ್ಮಶ ವಿರುತ್ತದೆ.
13. ನೆರೆಹೊರೆಯವರನ್ನು ಕಂಡು ನಾನು ಉರಿದೇಳುತ್ತಿದ್ದರೆ ನನ್ನ ಪೂಜೆ, ಪುನಸ್ಕಾರಗಳಿಗೇನು ಬೆಲೆ.
14. ಸ್ವಾರ್ಥ ತ್ಯಜಿಸಿದರೆ ಆದರ್ಶ ಸಾಧಿಸುತ್ತದೆ.

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I, Venkatesh Babu Reganti, hereby declare that the particulars given above are true to the best of my knowledge and belief.

sd/-

Venkatesh Babu Reganti
Signature of the Publisher.

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AVOPA NEWS & VIEWS Edited, Printed and Published by Sri Venkatesh Babu Reganti, on behalf of General Secretary, AVOPA, # 61, 1st Floor, "Amogh Gokul Plaza", R.V. Road, Bengaluru - 560 004. Ph : 2657 1709
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