



AVOPA NEWS & VIEWS

KANNADA & ENGLISH MONTHLY NEWS LETTER

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Arya Vysya Officials' & Professionals' Association

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President's Message

Dear Members, Donors and Well-wishers,
Namaste

Tamasoma Jyotirgamaya. By the time you receive this monthly newsletter, you would have happily celebrated deepavali - festival of lights. I wish you all a belated wishes for happy and prosperous deepavali. Let all of us cross the darkness with the divine light and live a beautiful and blissful life.

I am happy to share that more than 150 members expressed their willingness to participate in the Proficiency test on the epic Ramayana to propagate the Hindu culture. But 120 enrolled for writing the test. I wish all the participants a grand success and congratulate for their active participation in our squirrel service.

Election notice has been issued to elect new office bearers for the term 2025-2028. I request all the members to participate in large numbers and elect eminent, selfless, committed and dedicated team to take the flag of AVOPA to new heights.

Falling in love is human. I love the Divine. Human love is a reflection of divine love. But while the former is an emotion in a limited sense, the latter is a state of divine awareness, and hence unlimited. Human love is self-seeking and gives short-term satisfaction; divine love is self-denying, yet full filling. The former gives pleasure, the latter bliss. Human love is characterized by a personal, social, or cultural bond. Divine love is unbound and unconditional – it is love for love's sake. Human love can fail or fade due to a loss of trust in others, ideological differences, boredom, the termination of life, or the exigency of circumstances, but divine love remains unaffected by such factors.

Love is an interplay between timelessness and time. It is fundamental to existence, a natural expression of the higher Self. It burns like fire, purifies like water and bears hardships like the earth. Lighter than air, it gives flight to images that reflect art, architecture, poetry and other creative forms. Love of divine entails recognition of the cosmic spirit in all, and respect of life in its myriad forms – from plants, birds and animals to human. We can experience the true love when we reach out to someone, listen with empathy, and genuinely care, we give something far more precious than wealth – the assurance that they matter. You light the spark of belonging, reminding another soul; you are not alone in this world. Artificial intelligence may transform the world, but it can never replace the human quest for love.

**ಧರ್ಮಾರ್ಥ ಕಾಮಮೋಕ್ಷಾಣಾಮ್ ಆರೋಗ್ಯಂ ಮೂಲಮುಕ್ತಮಮ್ |
ರೋಗಾತ್ಸಾಪಹರ್ತಾರಃ ಶ್ರೇಯಸೋ ಜೀವಿತಸ್ಯ ಚ || (ಚರಕ ಸಂಹಿತೆ)**

ಧರ್ಮ-ಅರ್ಥ-ಕಾಮ-ಮೋಕ್ಷಗಳ ಸಾಧನೆಗೆ ಮೊದಲಾಗಿ ಉತ್ತಮವಾದ ಆರೋಗ್ಯ ಇರಬೇಕು. ಆದರೆ ರೋಗದಿಂದಾಗಿ ಆರೋಗ್ಯವು ನಾಶವಾಗುತ್ತದೆ ಮತ್ತು ಅದರ ಜೊತೆಗೆ, ಜೀವಿತ ಮತ್ತು ಅದರ ಶ್ರೇಯಸ್ಸು ಕೂಡ ನಾಶವಾಗುತ್ತದೆ.

**ನವೆಂಬರ್ ಒಂದು ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವ ಸಂಭ್ರಮಾಚರಣೆ ಸಮಸ್ತ
ಕನ್ನಡಿಗರಿಗೆ ತಾಯಿ ಭುವನೇಶ್ವರಿಯು ಸಕಲ ಸಂಪದಗಳನ್ನು ನೀಡಿ
ಆಶೀರ್ವದಿಸಲಿ ಎಂದು ಪ್ರಾರ್ಥಿಸುತ್ತೇನೆ.**



ಪ್ರಣಾಮಗಳೊಂದಿಗೆ
ಟಿ.ಕೆ. ತಿಮ್ಮರಾಜ ಶೆಟ್ಟಿ
ಅಧ್ಯಕ್ಷರು

Ph : 2657 1709 8762292566 Timings : 10.30 a.m. to 1 p.m. & 5.00 p.m. to 7.00 p.m.

www.avopabengaluru.org

REPORT ON THE MONTHLY LECTURE PROGRAM

Monthly lecture program for the month of October, 2025 was held on 12th October, 2025 at AVOPA Office. Dr. Y.S. Harish, MBBS, MS (General Surgery), Asst. Professor in Dept. of General Surgery/Surgical Oncology, PESUMSR, Bengaluru spoke on the subject "Cancer Care Today: What Every Family Should Know". He explained in detail about cancer, how to prevent, and precautions to be taken, treatment available, myths regarding cancer, early detection and timely treatment. His lecture was lucid and informative. He clarified all the doubts and queries raised by the participants to their satisfaction. Dr. M.N. Nagarajun, MBBS, M.Ch(Neurosurgery, NIMHANS) Consultant – Neuro Surgeon (Brain & Spine Surgeon), Manipal Hospitals spoke on the subject "Latest advances in Neurosurgery". He explained in detail about Neuro oncology, the details of surgery conducted with precision. He said that the latest technological systems available to operate many of neuro related surgeries would be carried out accurately with success. He advised the participants not to get panic and take the patient to the consultant

on time so that the surgery can be carried out at ease. He has also clarified all the questions raised by the participants. Both the lectures were very informative and all the participants sat through for 3 hours and actively interacted with the doctors.

The program commenced with the melodious rendition of Keerthana invoking the blessings of Goddess Sharada by Dr. Ramya Sooraj renowned musician, dancer former Member of Karnataka Sangeetha and Nataka Academy and also recipient of AVOPA R.V. Kamalanjini award for teaching excellence. Sri Naresh Babu. D, General Secretary welcomed the gathering and the guests. Sri. E.S. Gopalakrishna Gupta, Treasurer introduced Dr. Harish and Sri T.N. Ashok, Vice President introduced Dr. M.N. Nagarjun. Sri T.K. Thimmaraja Setty, President gave the details of AVOPA activities and requested the participants to enroll for the Ramayana Test. On this occasion both the doctors were felicitated. Sri M V Subbarao, Organising Secretary proposed vote of thanks. The program was successful and memorable.



ENDOWMENTS FROM MEMBERS & DONORS

The Executive Committee has accepted a suggestion given by one of our member's in the AGM, to create endowments in the name of members/donors who donate Rs.10,000/- and above and group them to meet the criteria of Rs.2,00,000/- per endowment program. All the members and donors are requested to contribute not less than Rs.10,000/- so that we can institute endowment programs by grouping the individuals. AVOPA looks forward for donors / members participation in large numbers.

OBITUARY

Sri D. Subramanyam Setty,

Founder of AVOPA Tumkur & Former President of Federation of Karnataka AVOPAS reached the heavenly abode on 23-09-2025. AVOPA Bengaluru expresses deepest condolences to the bereaved family members.



REPORT ON SMT. R.V KAMALANJINI ENDOWMENT & BCK ANIL KUMAR ENDOWMENT PROGRAM



Smt. R V Kamalanjini Endowment and BCK Anil Kumar Endowment program was held on 10/09/2025 at The Indian Institute of World Culture. The program commenced with 'Nruthya Vaibhava' by Vidushi Smt. Vasavi L.S. Her Bharatnatyam performance was exhilarating and enjoyed by all. The program was anchored by Smt. Veena Sharma. She narrated the significance of each dance performed. Sri D.Naresh Babu, General Secretary of AVOPA welcomed the gathering, the Chief Guest and Guests of honour. Sri T K Thimmaraja Setty, President of AVOPA informed the recent developments of AVOPA and thanked the donors and the

members who have come forward for instituting AVOPA Endowment funds for all 12 months. He also thanked donors and members who have contributed to Hostel Building fund. He made a special mention about the amount deposited/donated by AVOPA for a space in Mahasabha building and requested the President of the Karnataka Aryavysya Mahasabha Sri R.P. Ravishankar who was the Chief Guest on the occasion to contribute substantial amount to AVOPA hostel building.

Smt. Radhika Natesh introduced Smt. Vasavi L.S who was chosen to receive Smt. R V Kamalanjini award for teaching excellence, she completed Vidwat in Bharatnatyam and currently working as Asst. Professor of Law at BMS College of Law, Bengaluru.

Sri R.V. Bhaskar introduced his mother Smt. Kamalanjini in his own style with eloquence by narrating the saga of Smt. Kamalanjini's life. She served AVOPA as its' Vice President, he

thought it fit to institute the endowment in remembrance of his mother who was a renowned teacher and lovable human being. Sri B. Venkateswaralu informed the gathering, that his son BCK Anil Kumar met with an accident and consequently succumbed to untimely death. He was emotional while speaking and felt satisfied in instituting this endowment in memory of his son and has also shared that he had deposited Rs.5 lakhs for enabling to issue scholarships to meritorious students.

Smt. Kamalanjini award for teaching excellence was presented to Smt. Vasavi L.S, by the President, the General Secretary, Sri R P Ravishankar Chief Guest and Guests of honour. After accepting the award Smt. Vasavi L S in her speech thanked AVOPA and the donors for having bestowed her with the Award. She paid rich tributes to all her teachers who made her as she is today.

Sri R P Ravishankar, President, Karnataka Aryavysya Mahasabha has shared his happiness in presenting the Award to Smt. Vasavi L.S. In his speech he mentioned about the journey of AVOPA movement and the journey of AVOPA, Bengaluru for the past 54 years. He wished to witness the Centenary celebration of AVOPA, Bengaluru. He appreciated the programs being conducted by AVOPA. He also requested Aryavysyas to keep our long standing practice of protecting our Hindu culture by donating and helping the noble activities conducted by the society. In response to the request made by the President, he assured that he will place the matter before the Executive Committee of the Karnataka Aryavysya Mahasabha and ensure substantial contribution for the AVOPA hostel fund. The program concluded with the vote of thanks by Sri. D Naresh Babu, General Secretary, followed by dinner.



Many doctors from the AVOPA Doctors Forum are generously offering their valuable services to AVOPA members at concessional charges.
Scan the QR code to access the list of doctors.

CALENDAR OF EVENTS FOR THE ELECTIONS

To elect Office bearers for the years 2025-28 (President, Three Vice Presidents, General Secretary, Joint Secretary, Organising Secretary & a Treasurer), to the Association, and Three Trustees from Officials and Three Trustees from Retired Officials, to AVOPA Charitable Trust for the years 2025-28.

Publication of final list of eligible members to Vote	4 th November, 2025
Commencement of filing of nominations	8 th November, 2025 from 11.00 A.M
Last date and time for receipt of nominations	12 th November, 2025 upto 6.30 P.M
Scrutiny of nomination forms	14 th November, 2025 @ 6.00 P.M.
Publication of valid nominations	14 th November, 2025
Last date for withdrawal of nomination	17 th November, 2025 upto 6.00 P.M
Publication of final valid nominations	18 th November, 2025
Election to the Office Bearers and Trustees	30 th November, 2025
Declaration of results after Counting of votes	30 th November, 2025

Election Venue :
AVOPA Office,
No.61, AMOGH Gokul Plaza,
First Floor, R.V. Road,
Bengaluru – 560 004.

Election Date & Timings:
30-11-2025, Sunday
10.00 A.M. to 2.00 P.M.

- 1) Eligibility to contest:-
 - a) The eligibility to contest for the Office of the President –
 - (i) The member should have worked as Office bearer for two full terms.
 - (ii) A member contesting for the post of President should not have served as a President for 2 terms in lifetime.
 - b) **The eligibility to contest for Office bearer post:** The member should have served in the Executive Committee for a minimum period of one full term. The member contesting for the post of office bearer should not have served as office bearer for three terms and more in life time.
 - c) **The eligibility to contest for the trusteeship of AVOPA Charitable Trust:**
 - i) **Official Category :** He should be a Life Member from the category of Official.
 - ii) **Retired Category :** He should be a Life Member & Retired Official.
 - 2) The nomination form should be filled up properly duly signed by the candidate, supported by a Proposer and Seconded by a life member of the Association. Nomination form should be presented in person.
 - 3) Life Member is eligible to contest for any one of the Office bearer's post of his choice but cannot run concurrently.
 - 4) Nomination form can be obtained from the Office of the AVOPA during office hours from 8-11-2025.
 - 5) Sri Shashi Kumar B.B, Manager, AVOPA, Bengaluru is authorized to receive the nomination Forms and maintain the register of nomination forms received.
 - 6) To withdraw the nomination, the contesting candidate should personally visit the office of the Association and file the letter of withdrawal and sign the book maintained in the Office of the Association for the election process. Any other form of withdrawal will not be considered.
 - 7) Sri R.B. Chandragupta, Advocate, will be the Election Officer.
 - 8) The office hours of the Association are between 11.00 A.M to 1.00 P.M. and 5.00 P.M to 7.00 P.M. (Sunday Holiday)
 - 9) Only members are eligible to vote (whose Member's Serial No. starting with 'L' in AVOPA News & Views bulletin address sticker are Eligible for voting.)
 10. Donors are not eligible to vote. (whose Donorship No. starting with 'D'.)
- NOTE: The ballot paper will be issued by the Election Officer and/or the Election Personnel, against the production of voting slip issued by the staff of the AVOPA on the date of election. Members are requested to collect the voting slips at the venue during the election process. Under no circumstances duplicate voting slip will be issued.
- Date: 11-10-2025
Place: Bengaluru
- By Order of the Executive Committee
sd/-
General Secretary

ARYA VYSYA OFFICIALS' AND PROFESSIONALS' ASSOCIATION

No.61, Amogh Gokul Plaza, 1st Floor, R V Road, Basavanagudi, Bengaluru-4

Cordially Invite You On The Occasion Of

AVOPA Foundation Day & Smt. Girijamma & Sri Chembakur Lingala

Krishnaiah Setty Endowment Program

(instituted By Sri L. Kasiviswanadham & Sri L.K. Mani)

&

Distribution of prizes to winners of Ramayana Test & Certificates to all the participants.

On Saturday the 22nd November, 2025 at 10.30 A.M

Venue: **The Indian Institute of World Culture**

1st Floor, No.6, B P Wadia Road, Basavanagudi, Bengaluru- 560 004.

Guest of honour:

1) Sri L. Kasiviswanadham

2) Sri L.K. Mani

Presided by : **Sri T.K. Thimmaraja Setty, President**

Naresh Babu D
General Secretary

CA Gopalakrishna Gupta E.S
Treasurer

Lunch: After the program