



# AVOPA NEWS & VIEWS

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Arya Vysya Officials' & Professionals' Association

ಆರ್ಯವೈಶ್ಯ ಅಧಿಕಾರಿಗಳ ಮತ್ತು ವೃತ್ತಿನಿರತರ ಸಂಘ

No. 61, Amogh Gokul Plaza, First Floor, R.V. Road, Basavanagudi, Bengaluru - 560 004.



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(Quarter)	₹ 3,000-00
Matrimonial	₹ 500-00
Last Page	₹ 10,000-00

## President's Message

Dear Members, Donors and Welwishers,  
Pranams

I am delighted to share that Smt. Srilakshmi Kurudi daughter of one of our life member Sri K. Ravindraiah has donated a sum of Rs.2 lakhs towards Scholarship fund. I sincerely thank her for the generous gesture.

A new initiative has been taken to honour our esteemed Members/donors at their homes/premises. We have visited Sri D N Anand (former Auditor General, Karnataka) at his house and paid respects to him and felicitated. It was a wonderful experience to all of us. We will continue this programme very often.

Nation has celebrated its 78th Independence Day on 15-08-2024. Independence is paramount for every being including birds, animals and humans. I remember a story narrated by POOJYA Siddeswara Swamiji. A bird was singing heart fully in the sky. Its melodious singing with heart surrounded in the sky. It was felt that the entire nature was dancing to the tune of the bird's music. In that joyous moment, God reached the bird. That Angel/God was not the one to visit on invitation. He visited on his own. Satisfied with the singing of the bird, God told the bird to stop for a while as he wishes to talk. The bird replied to God 'Dear guest, you have to wait for a moment as I have to complete my musical singing'. God was very happy for the music and said to bird that 'I wish to take you to heaven, will you come with me'. Bird asked 'what is there in heaven?'. God said that in heaven everything (to eat and enjoyment) is available. Bird asked 'singing?'. God said that there are plenty of singers and singing in heaven. The bird said 'you keep your heaven with you' I can create heaven here itself with my melodious songs. Independence is heavenly happiness/Joy. Independence is very important compared to any facilities whatsoever. It is the duty of all the citizens to ensure the Independence and integrity of the country. We salute our soldiers who are keeping our border safe with vigil and dedication.

Sri Aurobindo says that there is a flower deep inside each of us which yearns to bloom and also calls it a psychic being, a term unique to his yoga. The psychic is the evolving soul which is the key to all the individual growth and evolution over innumerable life times, the psychic edges forward, becomes more perceptible and eventually forms a 'conscious sheath' around the soul. And thus, 'identified with the Divine, it becomes the perfect instrument in the world. Words cannot convey the knowledge of the psychic. This knowledge can only be encapsulated by experience. Let us strive to get that wonderful experience.

ಸಂಗಚ್ಛದ್ವಂ ಸಂವದದ್ವಂ ಸಂ ಪೋ ಮನಾಂಸಿ ಜಾನತಾಮ್ ।

ದೇವಾಭಾಗಂ ಯಥಾ ಪೂರ್ವೇ ಸಂಜ್ಞಾನಾನಾ ಉಪಾಸತೇ ॥

ನಾವು ಸಾಮರಸ್ಯದಿಂದ ಸಾಗೋಣ, ಒಂದೇ ಧ್ವನಿಯಲ್ಲಿ ಮಾತನಾಡೋಣ. ಎಲ್ಲರೂ ಬುದ್ಧಿವಂತರಾಗಲಿ. ಮತ್ತು ನಮ್ಮ ಮನಸ್ಸು ಒಪ್ಪಲಿ. ದೇವತೆಗಳು ಪೂಜ್ಯರು ಎಂಬುದನ್ನು ನೆನಪಿಡಿ. ಏಕೆಂದರೆ ಅವರು ಅನಾದಿ ಕಾಲದಿಂದಲೂ ಯಾವುದೇ ತ್ಯಾಗದ ತಮ್ಮ ಭಾಗಗಳನ್ನು ಸೇವಿಸುವ ಮೂಲಕ ಇದೇ ರೀತಿಯಲ್ಲಿ ತಮ್ಮನ್ನು ತಾವು ನಡೆಸಿಕೊಂಡು ಬಂದಿದ್ದಾರೆ.

With best regards and greetings,  
**T.K. THIMMARAJA SETTY**  
President

Ph : 2657 1709 8762292566 Timings : 10.30 a.m. to 1 p.m. & 5.00 p.m. to 7.00 p.m.

[www.avopabengaluru.org](http://www.avopabengaluru.org)

## REPORT ON DOCTORS' DAY CELEBRATIONS

Doctors' day celebration is an annual event at AVOPA. This year it was celebrated on 21st July 2024 at Asaktha Poshaka Sabha. The program was organised by Dr Venkatesh K L, Chairman and B N Babu V P, Avopa Charitable Trust. More than 100 Doctors with their families participated in the event

Program started at 11 am after a brief fellowship with doctor colleagues. After invocation, chairman welcomed all Doctors, Guest speakers and AVOPA office bearers and shared the importance of Doctors' Day.

Dr Ramesh & Dr Saraswathi instituted an endowment program in the name of Dr RSK Murthy & Dr. Arundati Murthy.

President of AVOPA Mr T.K. Thimmaraja Setty spoke about various programs conducted by AVOPA. .

On this occasion 60 various speciality doctors and representatives of hospitals signed a memorandum of understanding with AVOPA Bengaluru, to offer discounts in treatment and consultation to AVOPA members.

Dr Gaurang spoke about metabolic diseases like diabetes. Dr Veerabadra Guptha spoke about kidney disease & its prevention.

The whole event was very informative and successfully concluded with sumptuous lunch.



## SURYA SATHYA AWARDS

(Instituted in the name of Smt. Sathyavathy & Sri Suryanarayana Setty)

AVOPA, Bengaluru invites young performing artists to apply for its annual SURYA SATHYA AWARDS in the field of Indian Classical Performing Arts and Fine Arts. The recognition aims to encourage emerging Arya Vysya artists, in realising their full potential and improving their abilities through focused practice. Thus, promoting Indian Culture amongst them.

### Eligibility Criteria

1. The Artist must be an Arya Vysya.
2. Must be below the age of 25 years.
3. Applicant must have completed any of the below exams /courses in the academic year 2023-2024.

- ❖ Junior                      ❖ Senior
- ❖ Pre-vidwath              ❖ Final-vidwath

4. Dancers who have done Aarangetram in the year 2023 – 2024 in Classical Art forms
5. Artists must have been training in any Indian classical music (Carnatic Sangit) or Indian classical dances (Bharatanatyam, Kathak, Kuchipudi, Mohini-attam, etc.)
6. Indian classical instruments (Mridangam, Tabala, Konnakol, Veena, Flute, etc.).

Eligible candidates should send their exam marks card / certificate along with a 5 mins video performance.

The hand written / typed application may be submitted to AVOPA Office on or before 15-09-2024

## MERIT PRIZES/SCHOLARSHIP AWARDS

### IMPORTANT NOTICE

It is proposed to have this function on 6th October, 2024 at Vijaya College, 4th Block Jayanagar at 10 A M. All the awardees are requested to attend and receive the prizes/Scholarships. Detailed invitation will be published in the next month bulletin.





## “ಸಾಧಕರ ಮನೆಯಿಂಗಳಲ್ಲ ಸನ್ಮಾನ”

As a part of a new Initiative to honour elder philanthropists / celebrities / professionals of our community; we visited Sri D N Anand (former Auditor General, Karnataka) at his home. The meeting with Sri Anand was a wonderful experience. The family members were very happy to receive us, and extended a warm hospitality. We had a very fruitful discussions and exchange of thoughts. We had a very good experience of fellowship. He was kind enough to donate a sum of Rs.25,000/- on the occasion. We thank him for the kind gesture. We will continue to have more such program often in future.



## AVOPA BIKERS FORUM

Next AVOPA bike ride is scheduled on 15th September 2024 from Bangalore to Anchetty - Tamil Nadu ( aprox 85 kms one way ) for more information and registration process join our whatsapp group of AVOPA Bikers Forum



## EXPERIENCE PEACE

Embrace Vaastu Vastu

With over 30 years of field experience, Mr. Sampath Kumar has guided countless homeowners, businesses, and individuals towards success through Vaastu principles. His clientele spans across India, Spain, Dubai, and the USA. Now, under his leadership, his son Anjan is expanding these services in the USA.



+91 9810073815



sampathvastu@gmail.com



**SRI SAI TRAVEL TIMES**  
Holidays & Tours

#17, 3rd Shop Lane, Tata Silk Farm, Basavanagudi, Bangalore-04



### ಶಿರಡಿ ಪೈಟ್ ಪ್ಯಾಕೇಜ್

ವಿಶ್ವಕುಟುಂಬ ಸ್ಥಳಗಳು: ಶಿರಡಿ, ಮುಂಬೈ, ಎಲ್ಲೋರಾ ಗುಹೆಗಳು, ಗ್ರೇಟ್‌ಲೇಕ್, ತ್ರಯಂಬಕೇಶ್ವರ, ಕನಿಕೆಂಗನಪುರ.

ಪ್ರತಿ 02 ನೇ ಶನಿವಾರ ಮತ್ತು 04 ನೇ ಶನಿವಾರ

02 ದಿನ ಮತ್ತು 01 ರಾತ್ರಿ

₹16,500/-



### ಕಾಶಿ - ಅಯೋಧ್ಯಾ ಪ್ಯಾಕೇಜ್

ವಿಶ್ವಕುಟುಂಬ ಸ್ಥಳಗಳು: ವಾರಣಾಸಿ (ಕಾಶಿ), ಪ್ರಯಾಗ್ರಾಜ್, ಗಯಾ, ಬೋಧ ಗಯಾ, ಅಯೋಧ್ಯಾ, ನೈಮಿಶಾರಣ್ಯ.

ಹೊರಡುವ ದಿನಾಂಕ: 24ನೇ ಸೆಪ್ಟೆಂಬರ್

07 ದಿನ ಮತ್ತು 06 ರಾತ್ರಿ

₹28,000/-

+ ವಿಮಾನ ದರ



### ನೇಪಾಳ ಪ್ಯಾಕೇಜ್

ವಿಶ್ವಕುಟುಂಬ ಸ್ಥಳಗಳು: ಲುಂಬಿನಿ, ಪೊಪ್ಪಲೇಸ್, ಮುಕ್ತಿನಾಥ ದೇವಾಲಯ, ಪೋಖರಾ, ಮನೇಮಾನ ದೇವಾಲಯ, ಕಠ್ಮಂಡು, ಜನಕಪುರ.

ಹೊರಡುವ ದಿನಾಂಕ: 16ನೇ ಸೆಪ್ಟೆಂಬರ್

08 ದಿನ ಮತ್ತು 07 ರಾತ್ರಿ

₹40,000/-

+ ವಿಮಾನ ದರ



### ಗುಜರಾತ್ ಜೊತೆ ರಸ್ತೆ ಉತ್ಸವ

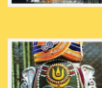
ವಿಶ್ವಕುಟುಂಬ ಸ್ಥಳಗಳು: ಕೆವಾಡಿಯಾ, ಐಕೆಯ ಪ್ರತಿಮೆ, ಭಾವನಗರ, ನಿಷ್ಕಲಂಕ ಮಹಾದೇವ, ಅಹಮದಾಬಾದ್, ಸೋಮನಾಥ್, ಗಿರ್ನಾರ್, ವ್ಯಾಡಿಸಾ, ರಾಣಿ ಲಾಕ್ಷ್ಮಿ, ಮಾತುಗಯಾ, ರಾಣಿ ಕಾ ವಾಡ್, ಮೋಡೆರಾ ಸೂರ್ಯ ದೇವಸ್ಥಾನ.

ಹೊರಡುವ ದಿನಾಂಕ: 14ನೇ ನವೆಂಬರ್

09 ದಿನ ಮತ್ತು 08 ರಾತ್ರಿ

₹48,000/-

+ ವಿಮಾನ ದರ



### ಗುಜರಾತ್ ಜೊತೆಗೆ ಉಜ್ಜೈನ್ ಸಹ ಲಭ್ಯವಿದೆ



### ಉಜ್ಜಯಿನಿ ಪ್ಯಾಕೇಜ್

ವಿಶ್ವಕುಟುಂಬ ಸ್ಥಳಗಳು: ಉಜ್ಜೈನ್, ಮಹಾಕಾಳೇಶ್ವರ, ಓಂಕಾರೇಶ್ವರ ಮತ್ತು ಮಮುರೇಶ್ವರ ಜ್ಯೋತಿರ್ಲಿಂಗ, ಮಹೇಶ್ವರ, ಇಂದೋರ್, ಮಾರವ್.

ಹೊರಡುವ ದಿನಾಂಕ: 23ನೇ ನವೆಂಬರ್

04 ದಿನ ಮತ್ತು 03 ರಾತ್ರಿ

₹18,500/-

+ ವಿಮಾನ ದರ



### ಅಂದ್ರ ಪ್ರದೇಶ ಪ್ಯಾಕೇಜ್

ವಿಶ್ವಕುಟುಂಬ ಸ್ಥಳಗಳು: ವಿಜಯವಾಡ, ಮಂಗಲಗಿರಿ, ಭದ್ರಾಚಲಂ, ಕೆನಗೊಂಡ, ಕಾನಿವಾಡ, ಪಿಠಾಪುರಂ, ಅಣ್ಣಾವರಂ, ವಿಶಾಕಪಟ್ಟಣಂ.

ಹೊರಡುವ ದಿನಾಂಕ: 13ನೇ ಅಕ್ಟೋಬರ್

07 ದಿನ ಮತ್ತು 06 ರಾತ್ರಿ

₹32,000/-

+ ವಿಮಾನ ದರ



### ಭೂತಾನ್ ಪ್ಯಾಕೇಜ್ (ನೇರ ವಿಮಾನಗಳು)

ವಿಶ್ವಕುಟುಂಬ ಸ್ಥಳಗಳು: ಪಾಡಿ, ಥಿಂಪು, ದೋಚುಲಾ ಪಾಸ್, ಪೋಖರಾ ವ್ಯಾಲಿ, ಪುನಾಖ, ಚೆಲಿ ಲಾ ವಿಹಾರ.

ಹೊರಡುವ ದಿನಾಂಕ: 13ನೇ ಅಕ್ಟೋಬರ್

07 ದಿನ ಮತ್ತು 06 ರಾತ್ರಿ

₹49,000/-

+ ವಿಮಾನ ದರ



### ಅಕ್ಟೋಬರ್ ಮತ್ತು ನವೆಂಬರ್ (ಪ್ರತಿ ಬುಧ ಮತ್ತು ಶನಿ)

ಕಸ್ತಮೈಸ್ ದೇಶೀಯ ಮತ್ತು ಅಂತಾರಾಷ್ಟ್ರೀಯ ಪ್ಯಾಕೇಜ್ ಗಳನ್ನು ಮಾಡಲಾಗುತ್ತದೆ



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#avopabengaluru



avopa.bengaluru



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avopa.bengaluru@gmail.com

**ARYA VYSYA OFFICIALS' AND PROFESSIONALS' ASSOCIATION**

In association with Indian Institute of World Culture, Bengaluru

*Cordially invites you and friends to***SMT. KAMALANJINI ENDOWMENT & B C K ANIL KUMAR MEMORIAL ENDOWMENT****Presentation of AVOPA – SMT. KAMALANJINI AWARD**

For Teaching Excellence to  
**Dr. PUSHPA SRINIVAS**, MBBS, DGO, MD  
 Former Professor and HOD,  
 Department of Obstetrics & Gynaecology



Chief Guest : **Sri Raja Shailesh Chandra Gupta**  
 Former Executive Editor of Prajavani

Guests of honour

**Sri R.V Bhaskar**, Donor, R V Kamalanjini Trust &  
**Sri Venkateswaralu**, Donor BCK Anil Kumar Memorial Endowment

Presided by **Sri T K Thimmaraja Setty**, President  
 AVOPA & AVOPA Charitable Trust

**On Thursday the 5th September 2024 at 5.30 P M,**

DINNER after the program

Venue: **The Indian Institute of World Culture**  
 No.6, B P Wadia Road, Basavanagudi, Bengaluru – 04

**Naresh Babu D**  
 General Secretary

**CA Gopalakrishna Gupta E S**  
 Treasurer

**ARYA VYSYA OFFICIALS' & PROFESSIONALS' ASSOCIATION, Bangalore**  
 (Regd. 223/ 1972-73)

**ANNUAL GENERAL MEETING NOTICE**

The Annual General Meeting of the "Arya Vysya Officials' and Professionals' Association, Bengaluru", will be held on Sunday, the 15th September, 2024 at 11.00 A.M., in AVOPA Office, No.61, Amogh Gokul Plaza, 1st Floor, R V Road, Basavanagudi, Bengaluru 560 004 to transact the following agenda.

**AGENDA**

- |   |  |
|---|--|
| 1. Prayer   | Executive Committee for the year 2023-2024.                                  |
| 2. Obituary references and one minute silence prayer.                                   | 7. To adopt the Audited Accounts of the Association for the years 2023-2024. |
| 3. Meeting called to order  | 8. To appoint an Auditor for the financial year 2024-2025.                   |
| 4. Welcome  | 9. Any other subject with permission of the chair.                           |
| 5. To approve the minutes of the previous Annual General Meeting held on 15th Oct 2023. | 10. President's address.   |
| 6. To consider and adopt the Report of the  |  |

**Note:** If any member has any questions on the Accounts and Reports may kindly send them to the General Secretary on or before 10th September, 2024 before 5 P.M. Any other subjects to be discussed should be informed in writing to the General Secretary on/or before 10-09-2024 by 5 PM

**Note:**

- The Annual Report & Audited Statement of Accounts are not circulated along with this notice. However the same are available at the AVOPA Office on/after 5th September, 2024 and same can be obtained.
- Members are requested to bring their ID Cards.

Date: 10th August, 2024

Place: Bengaluru

Breakfast : 10.15 to 10.45 AM

Sd/-

By order of the Executive Committee

**D. Naresh Babu**  
 General Secretary

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