



# AVOPA NEWS & VIEWS

Volume 20

Issue No. 08

August 2023

Pages - 4

Price : Rs. 5-00

Arya Vysya Officials' & Professionals' Association

ಆರ್ಯವ್ಯಯ ಅಧಿಕಾರಿಗಳ ಮತ್ತು ವೃತ್ತಿನಿರತರ ಸಂಘ

No. 61, Amogh Gokul Plaza, First Floor, R.V. Road, Basavanagudi, Bengaluru - 560 004.



E COPY

AVOPA & AVOPA Charitable Trust  
President

T.K. Thimmaraja Setty  
Mob: 9036788567  
tsm\_blr@yahoo.co.in

General secretary

Naresh Babu D.  
Mob: 99456 66456  
babudynamic@gmail.com

Treasurer

CA. E.S. Gopalakrishna Gupta  
Mob: 94486 96064  
guptaes@gmail.com

Vice Presidents, AVOPA

T.N. Ashok  
Mob: 94496 53053  
ashokatn24@gmail.com

K. S. Prasanna Kumar

Mob: 93412 49331  
kotaprasanna\_2000@yahoo.co.in

Venkatesh Babu Reganti

Mob: 9980073868  
regantibabu@gmail.com

Organising Secretary, AVOPA

Murthy Venkata Subba Rao  
Mob: 96637 33776  
mvsraoatp@gmail.com

Joint Secretary, AVOPA

Sridhar V. R.  
Mob: 99713 91523  
vrsdhar@gmail.com

Vice President

AVOPA Charitable Trust  
Badrinarayana Babu  
Mob: 94483 92628  
bnbabu58@gmail.com

Bulletin Co-ordinator

Venkatesh R. C.  
Mob: 99728 16244  
venkquality@gmail.com

Co-ordinator :

B. B. Shashi Kumar  
Mob: 99450 76232

## President's Message



Dear Members, Donors & Well Wishers,

NAMASTE

I wish you all a happy Ganesh Chaturthi. May Lord Ganesha bless us all with happiness, peace and tranquility. May He bestow on all of us the Bramhajana and enable all of us to attain Moksha.

The nation has celebrated 77th Independence Day. Many of us hoisted the National Flag on top of our houses in tune with 'Ghar Ghar Tiranga'. We got the freedom with lot of struggle and sacrifice by lakhs of people from the colonial rule. We have to shed the colonial mind set.

Freedom is a 'given' reality, but it works best within rules. A parent enforces certain safeguards for his child's play area might seem like curtailing freedom, while in fact, the thoughtful adult is making boundaries within which a particular task could flourish. On the other hand, the lack of rules could kill a game. For example, a football game is pleasurable and meaningful because there are rules-boundary lines and goalposts, and referee to ensure the rules are upheld. Boundaries are not to be shunned. When rules are compromised, there is more chaos and less football.

Freedom without fences is risky. While individual liberty is sign of progress and should be valued. What about the obvious ability to misuse it? An absolute Being (neither you or me) who is good might be in the loci on which to hang our 'given' freedom, for which we got a freedom that works within a boundary that is based on trust. Let us put our freedom to good work within safe and necessary boundaries, rather than try to play God.

The 9th Matrimony event 'Shrirasthu Shubamasthu' held on 6th August 2023 was culminated successfully. The participants expressed their happiness and thanked AVOPA. I place on record the exemplary work done by the Matrimony Committee headed by Sri N.P. Nagendra Babu and ably assisted by Co-chairman Dr. Sivanandam. I appreciate each and every member of the committee for the success.

We could not arrange award function for the last year due to COVID. This year Award function will be held on 10/9/2023, a rare occasion to see the glowing eyes of the children once again. I wish all the prize winners for their academic excellence.

With Hearty Greetings,  
**T.K. THIMMARAJA SETTY**  
President

### ADVERTISEMENT TARIFF

Inside Page (Full)	₹	8,000-00
(Half)	₹	5,000-00
(Quarter)	₹	3,000-00
Matrimonial	₹	500-00
Last Page	₹	10,000-00

Ph : 2657 1709 8762292566 Timings : 10.30 a.m. to 1 p.m. & 5.00 p.m. to 7.00 p.m.

[www.avopabengaluru.org](http://www.avopabengaluru.org)

## REPORT ON DOCTORS' DAY CELEBRATIONS

Doctors' day was celebrated on 23rd July, 2023 at the Indian Institute of World Culture. The meeting commenced with Smt. Bindu and team rendering a melodious divine song invoking the blessings of God. Dr. K.L.Venkatesh, Chairman of the AVOPA Doctors' forum invited the President, guest speakers and the audience. Sri T.K. Thimmaraja Setty, President of AVOPA in his presidential remarks highlighted the significance of the Doctors' day which is being celebrated every year on the birth day of Bharath Rathna Dr. B.C. Roy. He remembered the struggle of B C Roy in completing the MBBS and getting a seat for FRCS after attempting 13 times. Though he was the Chief Minister of West Bengal, he never neglected the Medical Practice and continued to serve the people. The sacrifice and the commitment towards the society by Dr. B.C Roy are worth emulating by everyone at all times. The President further narrated the activities of AVOPA in general and stressed upon the Endowment Scheme and requested the members present to contribute towards the endowment fund and also institute endowment in the name of their dear family members. Dr. N.S. Ramesh, Senior Consultant Dialectologist, one of the Chief Guest was introduced by Dr. Sathyaprakash. Dr. N.S. Ramesh spoke on the subject "Recent Concepts, trends and

developments in the diagnosis and management of Diabetes to prevent complications". The talk was excellent and informative. He has explained in detail with power point presentation the latest developments in diagnosing the diabetes and prevention thereof. Dr. Gaurang Ramesh, Director Anugraha Arka Integrated medicine Pvt. Ltd., and Integrative Gastroenterology and functional medicine practitioner was introduced by Dr. Sagar. Dr. Gaurang spoke on the subject "Redefining chronic disease – prevention and management with functional medicine." He has also explained in detail the latest developments in redefining the chronic diseases and the preventive measures to be undertaken by the patients. The talk was intellectual and informative, appreciated by all the doctors and members present. Both the guests were felicitated. After the talk a brief entertainment programme was held, Dr. Pavithra, E.H. Nikhil and Dr. Ramesh participated and entertained audience by performing dance, magic etc. The meeting was well attended by the Doctors fraternity and other Members of AVOPA. The meeting concluded with vote of thanks by Sri Badarinarayana Babu, Vice President, followed by lunch.



**ARYA VYSYA OFFICIALS' AND PROFESSIONALS' ASSOCIATION  
& AVOPA CHARITABLE TRUST, BENGALURU,  
In association with Indian Institute of World Culture, Bengaluru**

*Cordially invites you and friends to*

**SMT. KAMALANJINI ENDOWMENT**

&

**B C K ANIL KUMAR MEMORIAL ENDOWMENT** (instituted by Sri. B. Venkateswarulu in memory of his son)

**Presentation of AVOPA – Smt. KAMALANJINI AWARD**

For Teaching Excellence to : **Dr. Ramya Sooraj**  
Asst. Professor in the Department of Dance At Rasarishi University

Guest of honour

**Sri R.V Bhaskar**, Donor, R V Kamalanjini Trust

**Sri B. Venkateswarulu**, Donor BCK Anil Kumar Memorial Endowment

Presided by : **Sri T K Thimmaraja Setty**

President, AVOPA & AVOPA Charitable Trust

**PROGRAMME : Carnatic Music Concerts by Vidhushi Ramya Sooraj @ 5.30 PM**

Award Programme follows after the Music concerts

**On Tuesday the 5th September 2023 at 5.30 P M**

Venue :

**The Indian Institute of World Culture**  
No.6, B P Wadia Road, Basavanagudi,  
Bengaluru – 560 004

**DINNER AFTER THE PROGRAMME**



**Naresh Babu D**  
General Secretary

**CA Gopalakrishna Gupta E S**  
Treasurer

2

[www.avopabengaluru.org](http://www.avopabengaluru.org)

## REPORT ON 9TH MATRIMONY EVENT

9th Matrimony event 'Shrirasthu Shubhamasthu' was held on 6th August, 2023 at Vasavi Convention Centre, Vani Vilas Road, Basavanagudi, Bengaluru. Registration started at 8.30 a.m. and the inauguration commenced exactly at 10 a.m. The meeting commenced with the invocation by Smt. Anitha Shekar and Smt. Gayathri. Sri B. Nagaraj of Sri Bhagyalakshmi Enterprises and Sri B Venkataranga S/o B Krishna and Smt. Deepashree, MD of Karnataka Arya Vysya Community Development Corporation, were the Chief guests. The lighting of the lamp was done by the entire guests. President of AVOPA and Sri N P Nagendra Babu, Chairman of the Matrimony committee welcomed the guests and the participants. Sri T K Thimmaraja Setty in his presidential remarks expressed his heartfelt thanks to Sri B Krishna and Sri B Nagaraj whose contribution to the event was enormous. He has narrated the saga of the matrimony event, the significance of Gruhastashrama and values attached to the marriage. He wished all the participants, best of luck in selecting their life partner in the event. Also requested the participants to inform AVOPA, if any marriage is confirmed by participating in this event within a year, to avail 3 Grams Gold Coin as gift by AVOPA. Sri .Nagaraja, Sri.Venkataranga wished the participants and requested to utilise this platform created by AVOPA and select their life partners. Smt. Deepashree, wished all the participants besides explaining the various facilities available from KAVCD Corporation. The inaugural programme was concluded with vote of thanks by Smt. Shankuntala. Profiles were exhibited and the brides and bridegrooms were called to the Dias for introduction. The event was very successful, professionally managed and received a lot of appreciation from the participants. We place on record the excellent efforts by the team headed by Sri N.P. Nagendra Babu and ably assisted by Dr. Sivanandam, Co-chairman and other members who have made it a memorable event.



AVOPA BENGALURU Congratulates our member **Sri Udaykumar K Bhaskara**, Charter Member of Rotary Bangalore Cubbonpark, on his elevation as Rotary District Governor of Rotary International District 3191 from 1st July 2023. AVOPA wishes him all the best in his endeavours.

**ARYA VYSYA OFFICIALS' AND ROFESSIONALS' ASSOCIATION  
& AVOPA CHARITABLE TRUST**

No.61, Amogh Gokul Plaza, 1<sup>st</sup> Floor, R. V. Road, Basavanagudi, Bengaluru-560004

**Cordially invite you on the occasion of Awarding Prizes to  
Meritorious Students,  
Distribution of Prema & Anil Kumar Scholarships**



Chief Guest  
**Mr. Ravi Chitloor**  
Sr. Director and  
Sr. Distinguished Engineer  
Dell Technologies



Guest of Honour :  
**Dr. Shobha V Bhimsen**  
Prof. Of Economics  
Maharani Science College for Women



Guest of Honour  
**Mr. Udaykumar K Bhaskara**  
Rotary District Governor of  
Rotary International Dist 3191

**Presided by : Sri Thimmaraja Setty T K**  
President, AVOPA and AVOPA CHARITABLE TRUST

**Venue : B.V. NARAYANARAO AUDITORIUM**  
BHS Higher Education Society, Jayanagar 4th Block  
(Diagonally Opp. to Cool Joint), Bangalore - 560011



**Date & Time: Sunday ,10th September,2023 ,10.30 AM**  
Fellowship : 10.15 AM Lunch : 2.00 PM

**Awaiting to meet you with your child**

**Reganti Venkatesh Babu**  
Vice President

**Naresh Babu D.**  
General Secretary

**CA Gopalakrishna Gupta E.S.**  
Treasurer

**Shakuntala VS**  
Chairperson, Awards Committee

**Note :** The names of the Meritorious students are available in our website : [www.avopabangalore.org](http://www.avopabangalore.org)  
Students are requested to report at the registration counter by 9.30AM.



**MATRIMONY**

**Name: Shrikanth Krishnamurthy, DOB: 14-6-1989-10.15 AM, Birth Star:** Chitta 3rd Padam, **Rasi: Tula, Swagotra: Ba li shetla, Maternal Gotra:** Gran Tha Shi La, **Height: 5'11", Complexion: Fair, Qualification: MBA in USA, Occupation: Sr. Systems Analyst in Capital One Financial, Richmond, Virginia, USA, Salary: USD 120,000.00 PA, Prefer girl already working in the USA or willing to work in the USA. For further details contact: K C Krishna Murthy, 619, Sai Sukurithi, 301, BSK 1ST Stage, 2nd Block, Bengaluru-560050, Phone: 9845880082.**