Declaration No. MAG(3) NPP/216/2005-06 RNI No, KAR BIL/2006/16434 Licensed to post without prepayment. License No. PMG/BG/WPP-312/2021-2023

Registered No.: RNP/KA/BGS/2056/2021-2023

Published and Posted on 25th of Every Month Posting at: Bangalore PSO, Mysore Road, Bangalore-26.



AVOPA NEWS & VIEWS

Volume 20

August 2023

Pages - 4

Price: Rs. 5-00

Arya Vysya Officials' & Professionals' Association ಆರ್ಯವೈಶ್ಯ ಅಧಿಕಾರಿಗಳ ಮತ್ತು ವೃತ್ತಿನಿರತರ ಸಂಘ

No. 61, Amogh Gokul Plaza, First Floor, R.V. Road, Basavanagudi, Bengaluru - 560 004.



AVOPA & AVOPA Charitable Trust **President**

T.K. Thimmaraja Setty Mob: 9036788567 tsm blr@yahoo.co.in

General secretary

Naresh Babu D. Mob: 99456 66456 babudynamic@gmail.com

Treasurer

CA. E.S. Gopalakrishna Gupta Mob: 94486 96064 guptaes@gmail.com

Vice Presidents, AVOPA

T.N. Ashok Mob: 94496 53053

ashokatn24@gmail.com

K. S. Prasanna Kumar Mob: 93412 49331 kotaprasanna_2000@yahoo.co.in

Venkatesh Babu Reganti Mob: 9980073868 regantibabu@gmail.com

Organising Secretary, AVOPA Murthy Venkata Subba Rao

Mob: 96637 33776 mvsraoatp@gmail.com

Joint Secretary, AVOPA

Sridhar V. R. Mob: 99713 91523 vrsdhar@gmail.com

Vice President AVOPA Charitable Trust

Badrinarayana Babu Mob: 94483 92628 bnbabu58@gmail.com

Bulletin Co-ordinator

Venkatesh R. C. Mob: 99728 16244 venkquality@gmail.com

Co-ordinator:

B.B. Shashi Kumar Mob: 99450 76232

ADVERTISEMENT TARIFF

Inside Page (Full) 8.000-00 (Half) 5,000-00 (Quarter) 3,000-00 Matrimonial 500-00 Last Page 10 000-00

President's Message

Dear Members, Donors & Well Wishers,

NAMASTE

I wish you all a happy Ganesh Chaturthi. May Lord Ganesha bless us all with happiness, peace and tranquility. May He bestow on all of us the Bramhajnana and enable all of us to attain Moksha.



The nation has celebrated 77th Independence Day. Many of us hoisted the National Flag on top of our houses in tune with 'Ghar Ghar Tiranga'. We got the freedom with lot of struggle and sacrifice by lakhs of people from the colonial rule. We have to shed the colonial mind set.

Freedom is a 'given' reality, but it works best within rules. A parent enforces certain safeguards for his child's play area might seem like curtailing freedom, while in fact, the thoughtful adult is making boundaries within which a particular task could flourish. On the other hand, the lack of rules could kill a game. For example, a football game is pleasurable and meaningful because there are rules-boundary lines and goalposts, and referee to ensure the rules are upheld. Boundaries are not to be shunned. When rules are compromised, there is more chaos and less football.

Freedom without fences is risky. While individual liberty is sign of progress and should be valued. What about the obvious ability to misuse it? An absolute Being (neither you or me) who is good might be in the loci on which to hang our 'given' freedom, for which we got a freedom that works within a boundary that is based on trust. Let us put our freedom to good work within safe and necessary boundaries, rather than try to play God.

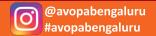
The 9th Matrimony event 'Shrirasthu Shubamasthu' held on 6th August 2023 was culminated successfully. The participants expressed their happiness and thanked AVOPA. I place on record the exemplary work done by the Matrimony Committee headed by Sri N.P. Nagendra Babu and ably assisted by Co-chairman Dr. Sivanandam. I appreciate each and every member of the committee for the success.

We could not arrange award function for the last year due to COVID. This year Award function will be held on 10/9/2023, a rare occasion to see the glowing eyes of the children once again. I wish all the prize winners for their academic excellence.

With Hearty Greetings, T.K. THIMMARAJA SETTY President

Ph: 2657 1709 8762292566 Timings: 10.30 a.m. to 1 p.m. & 5.00 p.m. to 7.00 p.m.

www.avopabengaluru.org









REPORT ON DOCTORS' DAY CELEBRATIONS

Doctors' day was celebrated on 23rd July, 2023 at the Indian Institute of World Culture. The meeting commenced with Smt. Bindu and team rendering a melodious divine song invoking the blessings of God. Dr. K.L.Venkatesh, Chairman of the AVOPA Doctors' forum invited the President, guest speakers and the audience. Sri T.K. Thimmaraja Setty, President of AVOPA in his presidential remarks highlighted the significance of the Doctors' day which is being celebrated every year on the birth day of Bharath Rathna Dr. B.C. Roy. He remembered the struggle of B C Roy in completing the MBBS and getting a seat for FRCS after attempting 13 times. Though he was the Chief Minister of West Bengal, he never neglected the Medical Practice and continued to serve the people. The sacrifice and the commitment towards the society by Dr. B.C Roy are worth emulating by everyone at all times. The President further narrated the activities of AVOPA in general and stressed upon the Endowment Scheme and requested the members present to contribute towards the endowment fund and also institute endowment in the name of their dear family members. Dr. N.S. Ramesh, Senior Consultant Dialectologist, one of the Chief Guest was introduced by Dr. Sathyaprakash. Dr. N.S. Ramesh spoke on the subject "Recent Concepts, trends and

developments in the diagnosis and management of Diabetes to prevent complications". The talk was excellent and informative. He has explained in detail with power point presentation the latest developments in diagnosing the diabetes and prevention thereof. Dr. Gaurang Ramesh, Director Anugraha Arka Integrated medicine Pvt. Ltd., and Integrative Gastroenterology and functional medicine practitioner was introduced by Dr. Sagar. Dr. Gaurang spoke on the subject "Redefining chronic disease - prevention and management with functional medicine." He has also explained in detail the latest developments in redefining the chronic diseases and the preventive measures to be undertaken by the patients. The talk was intellectual and informative, appreciated by all the doctors and members present. Both the guests were felicitated. After the talk a brief entertainment programme was held, Dr. Pavithra, E.H. Nikhil and Dr. Ramesh participated and entertained audience by performing dance, magic etc. The meeting was well attended by the Doctors fraternity and other Members of AVOPA. The meeting concluded with vote of thanks by Sri Badarinarayana Babu, Vice President, followed by lunch.





ARYA VYSYA OFFICIALS' AND PROFESSIONALS' ASSOCIATION & AVOPA CHARITABLE TRUST, BENGALURU, In association with Indian Institute of World Culture, Bengaluru

Cordially invites you and friends to

SMT. KAMALANJINI ENDOWMENT

&

B C K ANIL KUMAR MEMORIAL ENDOWMENT (instituted by Sri. B. Venkateswarulu in memory of his son)

Presentation of AVOPA - Smt. KAMALANJINI AWARD

For Teaching Excellence to : **Dr. Ramya Sooraj**Asst. Professor in the Department of Dance At Rasarishi University

Guest of honour

Sri R.V Bhaskar, Donor, R V Kamalanjini Trust

Sri B. Venkateswarulu, Donor BCK Anil Kumar Memorial Endowment

Presided by : **Sri T K Thimmaraja Setty**President, AVOPA & AVOPA Charitable Trust

PROGRAMME : Carnatic Music Concerts by Vidhushi Ramya Sooraj @ 5.30 PM

Award Programme follows after the Music concerts

On Tuesday the 5th September 2023 at 5.30 P M

Venue:

The Indian Institute of World Culture No.6, B P Wadia Road, Basavanagudi,

Bengaluru – 560 004

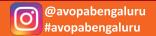


avopa.bengaluru

Naresh Babu D General Secretary CA Gopalakrishna Gupta E S Treasurer

www.avopabengaluru.org

DINNER AFTER THE PROGRAMME









REPORT ON 9TH MATRIMONY EVENT

9th Matrimony event 'Shrirasthu Shubhamasthu' was held on 6th August, 2023 at Vasavi Convention Centre, Vani Vilas Road, Basavanagudi, Bengaluru. Registration started at 8.30 a.m. and the inauguration commenced exactly at 10 a.m. The meeting commenced with the invocation by Smt. Anitha Shekar and Smt.Gayathri. Sri B. Sri Bhagyalakshmi Enterprises and Sri B Venkataranga S/o B Krishna and Smt. Deepashree, MD of Karnataka Arya Vysya Community Development Corporation, were the Chief guests. The lighting of the lamp was done by the entire guests. President of AVOPA and Sri N P Nagendra Babu, Chairman of the Matrimony committee welcomed the guests and the participants. Sri T K Thimmaraja Setty in his presidential remarks expressed his heartfelt thanks to Sri B Krishna and Sri B Nagaraj whose contribution to the event was enormous. He has narrated the saga of the matrimony event, the significance of Gruhastashrama and values attached to the marriage. He wished all the participants, best of luck in selecting their life partner in the event. Also requested the participants to inform AVOPA, if any marriage is confirmed by participating in this event within a year, to avail 3 Grams Gold Coin as gift by AVOPA. Sri . Nagaraja, Sri. Venkataranga wished the participants and requested to utilise this platform created by AVOPA and select their life partners. Smt. Deepashree, wished all the participants besides explaining the various facilities available from KAVCD Corporation. The inaugural programme was concluded with vote of thanks by Smt. Shankuntala. Profiles were exhibited and the brides and bridegrooms were called to the Dias for introduction. The event was very successful, professionally managed and received a lot of appreciation from the participants. We place on record the excellent efforts by the team headed by Sri N.P. Nagendra Babu and ably assisted by Dr. Sivanandam, Co-chairman and other members who have made it a memorable event.









AVOPA BENGALURU Congratulates our member **Sri Udaykumar K Bhaskara**, Charter Member of Rotary Bangalore Cubbonpark, on his elevation as Rotary District Governor of Rotary International District 3191 from 1st July 2023. AVOPA wishes him all the best in his endeavours.

www.avopabengaluru.org

ARYA VYSYA OFFICIALS' AND ROFESSIONALS' ASSOCIATION & AVOPA CHARITABLE TRUST

No.61, Amogh Gokul Plaza,1st Floor, R. V. Road, Basavanagudi, Bengaluru-560004

Cordially invite you on the occasion of Awarding Prizes to Meritorious Students,

Distribution of Prema & Anil Kumar Scholarships



Chief Guest

Mr. Ravi Chitloor

Sr. Director and
Sr. Distinguished Engineer
Dell Technologies



Guest of Honour : **Dr. Shobha V Bhimsen**Prof. Of Economics

Maharani Science College for Women



Guest of Honour

Mr. Udaykumar K Bhaskara

Rotary District Governor of
Rotary International Dist 3191

Presided by: **Sri Thimmaraja Setty T K**President. AVOPA and AVOPA CHARITABLE TRUST

Venue: **B.V. NARAYANARAO AUDITORIUM**BHS Higher Education Society, Jayanagar 4th Block
(Diagonally Opp. to Cool Joint), Bangalore - 560011



Date & Time: Sunday, 10th September, 2023, 10.30 AM
Fellowship: 10.15 AM Lunch: 2.00 PM

Awaiting to meet you with your child

Reganti Venkatesh Babu Vice President Naresh Babu D. General Secretary CA Gopalakrishna Gupta E.S.
Treasurer

Shakuntala VS Chairperson, Awards Committee

Note : The names of the Meritorious students are available in our website : www.avopabangalore.org
Students are requested to report at the registration counter by 9.30AM.



MATRIMONY

Name: Shrikanth Krishnamurthy, DOB: 14-6-1989-10.15 AM, Birth Star: Chitta 3rd Padam, Rasi: Tula, Swagotra: Ba li shetla, Maternal Gotra: Gran Tha Shi La, Height: 5'11", Complextion: Fair, Qualification: MBA in USA, Occupation: Sr. Systems Analyst in Capital One Financial, Richmond, Virginia, USA, Salary: USD 120,000.00 PA, Prefer girl already working in the USA or willing to work in the USA. For further details contact: K C Krishna Murthy, 619, Sai Sukurithi, 301, BSK 1ST Stage, 2nd Block, Bengaluru-560050, Phone: 9845880082.









